



Building professionalism in project management.™

Project Management Institute  
Eastern Iowa Chapter

# 100's NUGGET

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P.O. Box 1811  
Cedar Rapids, IA 52406-1811

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## December brings...



Warming up with  
Friends and  
Family

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## Our Next Chapter Meeting - December 9th

This month's chapter meeting will be held on Tuesday, December 9th, 7:30 a.m. to 9:00 a.m. at the Clarion Hotel and Convention Center at 525 33rd Ave SW in Cedar Rapids. The Clarion Hotel and Convention Center phone number is (319) 366-8671.

**Program:** The program for December 9th is a presentation entitled **"Black Bag Tricks of Project Management"**, presented by Terrance Knecht.

**About the Program:** There are very good and detailed road maps on how to manage a project. There is PMBOK. There is all of the theory. Beyond these canned solutions there are a number of techniques and structures that have been tested by the counter-attacks of adversity that provide the practitioner the advantage in the struggle for a successful project. Terry will cover very specific environmental structures (things that should exist before the project starts), how to position the game board for advantage, and effective execution strategies.

**About the Speaker:** Terry Knecht (MBA, CISSP, PMP) is currently assistant vice president, chief information officer for The University of Iowa Foundation. He previously held the position of CIO with Blue Cross of Wisconsin, United Payors and United Providers (UP&UP) of Maryland, and Lexi International of Los Angeles. He led a total re-implementation of all technology at both Lexi and UP&UP. The project to develop a multisite telemarketing software solution at Lexi International resulted in an award for the Visionary Use of Information Technology in the Field of Business by the Smithsonian Institute ComputerWorld.

### Program Schedule:

7:30 - 7:45 Registration, breakfast, and social time  
7:45 - 7:50 Opening by chapter president / chapter officers  
7:50 - 8:40 Presentation / Discussion  
8:40 - 9:00 Final announcements and wrap-up

### Our Menu (subject to change):

- English Muffin Sandwich w Eggs and Bacon
- Fresh Fruit
- Regular / Decaf Coffee / Hot Tea
- Milk

**Cost:** \$10.00 to chapter members and \$15.00 for guests.

Please note that the Chapter's attendance policy has changed to include a registration fee for all attendees. This is different from the previous policy of allowing attendees who were not eating to attend free of charge.

If you have not done so already, please RSVP no later than December 4th to [program-registration@pmieasterniowa.org](mailto:program-registration@pmieasterniowa.org). Once you send a RSVP, cancellations **must** be received by **noon**, Friday, December 5th to avoid your being invoiced as a no-show for this chapter event.

Muthuraman M, PMP, Director of Logistics, PMI Eastern Iowa Chapter

## Volunteering – A Great Way to Get Involved!!!

By: Jennifer Ruppert, PMP

I am finishing up my commitment as VP of Education for our chapter for the past two years. Prior taking this position I was the Director of Programs for one year. As I look back over the past three years I see a time of fun, excitement, frustration, challenges, opportunities, and especially accomplishments.

When I joined the chapter, I didn't really understand all that was involved in the behind the scenes activities. When I was asked to take on the Director of Programs role I felt completely incompetent as I wasn't sure what was involved. I was not left on my own to struggle but received excellent guidance from the VP of Education and the Board. In no time at all I felt comfortable with my new role. I had the opportunity to make a difference within the chapter.

I was then asked to become the VP of Education. I was really excited about this role as it felt to be the right transition. I was part of the monthly Board meetings where discussions took place on how to improve the chapter, budget constraints, training opportunities, and much more. It was especially fun to make friends with other board members that I had seen at the meetings but not yet been introduced. It is amazing to see how so many people with different perspectives, yet the same goals, come together to get things done.

This year we sponsored the first PDD for our chapter. Many hours of planning, phone calls, and meetings were expended to ensure the success of this event. After lessons learned are reviewed, the next PDD will be even better. In conjunction with the PDD, this year was the first year the Eastern Iowa Chapter was asked to host the fall Region 2 meeting. This meeting is attended by representatives from all over the Region 2. This comprises chapters as far away as Canada and other states in the mid-west. It is an excellent chance to meet people from other chapters, share ideas and concerns, and learn more about how the Region 2 representative works as a liaison with the national PMI. Volunteering as a Director or VP, entitles you the opportunity to attend one of the Region 2 conferences. I attended the conference in Canada when we learned we were selected to host the fall conference. It was a very exciting time as many people congratulated us for being selected.

If you haven't volunteered to be a part of the leadership team within the chapter, I urge you to reconsider and inquire about open positions. It is a truly a time to become more involved, network with other PMs, and a chance to help improve the chapter. I'm so glad I was given the opportunity to participate.!

## PMI Eastern Iowa Chapter - 2009 Board Of Directors

:

**President – Paddy Puthige, PMP®**

**VP Outreach – David Tominsky**

**VP Finance - Brian Thorn, PMP®**

**VP Operations – Bhaskar Pulikal, PMP®**

**VP Communications and Publicity – Tammy Sweat, PMP®**

**VP Education – Suzanne Prymek, PMP®**

Looking forward to serving you!

## A Tribute to the Retiring Eastern Iowa Chapter VPs and Directors

Thank you Darin Hart, Bob Sanders, Glenda Dixon, Jennifer Ruppert, Sandra Spengler, Jim Nicoll and Angie Zimmerman for the years of service that you have dedicated to the Eastern Iowa PMI chapter. It is because of your hard work and dedication to the project management profession that our chapter remains a success. We would not be where we are today without your leadership and vision to keep moving forward in providing new learning opportunities along with other chances to share your passion with others.

**Darin Hart:** Retires as current President although he moves into the Past President role.

Darin has been a PMI member since 1997, PMP certification in February 2004, VP Communications 2004-2006; President 2007, 2008. There are only four current chapter members who have longer tenure in the chapter. During Darin's service, all of the chapter's communication tools were upgraded -- the website, the newsletter format, the email accounts and distribution list process. A Sharepoint site was created for leadership communication and document archival. Two chapter firsts were accomplished under Darin's tenure: the first Professional Development Day was held, and Eastern Iowa Chapter hosted a Region 2 meeting, both in November 2008.

**Bob Sanders:** Retires as Past President.

Bob has been a PMI member since 2000, PMP certification in July 2001; VP Programs 2003, 2004; President, 2005, 2006, Past President since 2007. The chapter's 10-year anniversary celebration occurred while Bob was President. During his service, Bob introduced and implemented a new leadership structure. The chapter was organized with eight board members; since 2006, the leadership consists of seven board members and thirteen directors supporting the board. This resulted in additional opportunities for chapter members to gain leadership experience, and opportunities for PMP-certified members to earn PDUs for their service. Bob has been active at the regional level, representing the chapter at several PMI Congresses and Region 2 meetings.

**Glenda Dixon:** Retires as Director of Member Relations.

Glenda has been a PMI member since 1997, PMP certification in November 1998; VP Membership 1998-2000; President 2001, 2002; Past President 2003, 2004; Program Committee 2005; Director of Member Relations 2006-2008. There are only five current chapter members who have longer tenure in the chapter. Glenda represented the chapter at PMI Symposiums, as they were called then, in Philadelphia, Houston, Nashville and San Antonio, and at several Region 2 meetings. During Glenda's tenure, the chapter received awards for chapter growth, the chapter logo and the chapter bylaws were revised to meet PMI standards. In 2001, the Eastern Iowa Chapter received a Mentoring Award for its role in the successful formation of the Quad City Area chapter.

**Jennifer Ruppert:** Retires as VP of Education.

Jennifer has been a PMI member since 2003, PMP certification in June 2004, Director of Programs 2005; VP Education 2007, 2008. Jennifer attended the Region 2 conference that was held in Canada. She contributed to the chapter by passing along information shared at the conference.

**Sandra Spengler:** Retires as VP of Communications and Publicity.

Sandra has been a member since 1999, Director of Technology 2007, VP Communications 2008.

**Jim Nicoll:** Retires as Director of Certifications

Jim has been a PMI member since April 2000; PMP certification September 2001. VP Special Projects 2002, 2003; VP Membership 2004; Director of Certifications 2006-2008. During Jim's service recognition for PMPs was implemented in the form of special chapter shirts, the chapter logo was revised and publicity material was developed incorporating the new logo.

**Angie Zimmerman:** Retires as Director of Volunteers

Angie has been a member since December 2002; PMP certification September 2005; Director of Volunteers 2007, 2008. Angie provided leadership in organizing the volunteers for the PDD.

## You will all be greatly missed!

## The Professional Development Day—At a Glance

The Eastern Iowa Professional Development Day was on November 6th, 2008, held at the Marriott hotel in Coralville, IA. Over 100 chapter members attended this event.



**Above:** Bill Capodagli takes questions at the end of his presentation.

**Below:** Bill Capodagli waits to sign his book, “The Disney Way”.



**Left:** Mark Latta, Master of Ceremonies, announces door prize winners.



**Above:** PMI Members enjoying lunch

Special thanks to the speakers:

- Nick Hoefer
- Marty Christensen
- Bill Capodagli
- Mark Swiderski



**Above:** PMI Board members and Directors enjoy an evening meal with Bill Capodagli at the Linn Street Café.



## A Word From our President-Elect

Friends,

It was a great privilege to represent the PMI Eastern Iowa Chapter at the PMI Global Congress that was held in Denver in Oct 2008. I attended the 3 days leading to the Global Congress that is referred as PMI Leadership Institute conference.

In addition to the opportunity to learn about PMI business and various leadership seminars, it is a great way to network with project managers from around the world. Yes, I said around the world. This year's Global Congress was attended by around 4,000 attendees representing 33 countries around the world.

In this issue, let me provide you with some interesting details about PMI Leadership Institute. PMI Leadership institute is one of the branches of PMI, dedicated to develop leadership skills and leaders. This has 3 main areas of focus for the Institute:

**Leadership Conferences:** PMI Leadership Institute hosts yearly Leadership conferences providing opportunities to all participants to come together and learn and exchange ideas on topics such as leading PMI Chapters, Project Management, leadership and other relevant topics. These events are always centered around networking and knowledge sharing. Usually the leadership conferences are held along with Global congress every year.

**Masters program:** This program under the stewardship of PMI Leadership Institute provides opportunities for individuals (PMI chapter leaders) who can commit significant time and effort (Travel and lodging fees paid by the attendees) go through a leadership training program for a period of 18 months. This training program is unique and sessions are held around the world. The graduation ceremony is held during the yearly PMI Leadership Institute conferences. This is a great opportunity to train with the best and also make great friends around the world.

**PMI Learn:** This educational opportunity is available to all chapter officers through the PMI learn program. PMI website has links to PMI learn program. A chapter officer can learn about a specific area (finance, operations etc) to increase their value to the chapter. Presidents can assign training goals to the chapter officers by assigning training programs.

If you are interested in some of these programs, please don't hesitate to contact me. I will explain how you can volunteer for your local chapters which help you to get some of the programs/benefits mentioned above.


Thanks and have a great day!

Paddy Puthige

## PMI Region 2 Meetings

The Eastern Iowa chapter hosted the Region 2 meetings that were held in Cedar Rapids, IA, on November 6th—8th, 2008. The meetings are for PMI Board members from all the various chapters that are in Region 2, which includes Michigan, Wisconsin, Illinois, Iowa and parts of Canada. The purpose of the meetings is to share best practices and to learn from one another. Over 40 PMI chapter board members attended this event.

### Chapter Meetings Schedule (subject to change)



Date and Time	Location	Topic and Presenter
December 9th, 2008	Clarion Hotel & Convention Center, 525 33rd Ave SW, Cedar Rapids	"Black Bag Tricks of Project Management", by Terrance Knecht
January 13th, 2008	Clarion Hotel & Convention Center, 525 33rd Ave SW, Cedar Rapids	"Diversity" by Ken Bozer, PMP
February 10th, 2008	Clarion Hotel & Convention Center, 525 33rd Ave SW, Cedar Rapids	"Better Presentations, 102" by Mark Latta, PMP

### Membership Update - Remember to send in your membership renewals, either through mail or online.

The PMI Eastern Iowa Chapter membership stands at **292**, with **150 PMP®s** and **1 CAPM®**.

#### New PMP®s

Congratulations new PMPs: Mark Bazzell, Apex IT; Patti Behning, Prudential Retirement; William Ross, Wells Fargo Financial; Rick Thompson, Pearson; and Linda Thorn, Pearson. These members passed the certification in October.

#### New Members

Welcome New Members: Kari Duncan, Aegon; Dr. Kevin Kuznia, Deere & Company; Julie Macauley, City of Cedar Rapids; Christine Nelson, Pearson; Amy Nowakowski, Innovative Solutions Group; Edgardo Ring, ACT; Don Scott, PMP, ACSA; Elizabeth Strasser, Aegon; Teri Swank, Pearson.

**Welcome Back:** Carolyn Haase, Darcy Vondracek.

#### PMI Chapter Transfers

If you have a need to transfer chapters because you have moved or relocated due to employment location changes, be sure to update your membership data at the PMI global website, [www.pmi.org](http://www.pmi.org).

Listed below are the top 5 companies according to membership counts.

Rank	Company	Member Count	PMP Count
1	Pearson	84	46
2	Rockwell Collins	30	16
3	Vangent, Inc.	17	10
4	Aegon	15	6
5	Intermec Technologies Corporation	12	6

## Verifying your PMI Contact Information

By Sue Prymek, PMP

Have you recently changed your email address? Have you started a new position with a new company? Now might be a good time to go out to [www.PMI.org](http://www.PMI.org) and review and update your contact information that is tied to your profile.

To review and update, go to [www.PMI.org](http://www.PMI.org). Once there you will enter your User Name and Password. Once you are securely logged in, complete the following steps:

1. click on Go To My Profile
  2. click on the Personal Profile link
  3. click on the Contact link which appears on the left hand side of the screen.
  4. verify your existing email address.
- if changes need to be made, select the Create New button and follow the steps to update your email address.

For questions about updating your profile or for additional help, please contact [programs@pmiasterniowa.org](mailto:programs@pmiasterniowa.org).

## Looking For a Few Good Men and Women!

### Chapter Directors

By Tammy Sweat, PMP

As we move into 2009 it is time to say goodbye to several of our long standing chapter Directors. Although this is an unfortunate event, it also brings with it opportunities for other chapter members to get involved.

If you are willing to spend about 5 to 10 hours a month (tops), if you are willing to learn a new skill, if you are willing to stick to a year's commitment for helping the chapter meet its goals, then **WE WANT YOU!!!!**

The following is a list of all the Director positions that the chapter offers:

Director At-Large  
 Director of Certifications  
 Director of Corporate Outreach  
 Director of Individual Outreach  
 Director of University Outreach  
 Director of Logistics  
 Director of Marketing  
 Director of Member Relations  
 Director of Newsletter  
 Director of Professional Development  
 Director of Programs  
 Director of Technology  
 Director of Volunteers  
 Director of Website



Several of these are currently filled from previous Directors that are staying on. However, most of these are available. If you are interested in filling one of these positions, either contact Bob Sanders at [pastpresident@pmiasterniowa.org](mailto:pastpresident@pmiasterniowa.org) or Angie Zimmerman at [volunteers@pmiasterniowa.org](mailto:volunteers@pmiasterniowa.org).

It would be ideal for the Director of Website and Director of Technology to be technically savvy. The other positions just require a positive attitude and willingness to try!

**Be All That You Can Be!**



Kim Chapman  
Service Learning Project  
Plexus  
By: Scott Skelly

All too often people think of project management as big companies, multimillion dollar projects, and a team full of professionals working non-stop to complete a project. Kim Chapman, a resident of Milwaukee, Wisconsin proved that project management does not always take place in the corporate environment.

Chapman completed her Master of Science in Project Management last fall through UW-Platteville. When it came time to lead a project, she realized she did not want to complete her project as a part of a company. Instead, she wanted to touch lives. She wanted to give some people dinner.

Chapman had an idea in her head and started researching resources. A local non-profit called Cluster to Neighborhood Organization liked her idea and agreed to help.

Her plan was to provide a free Thanksgiving dinner for a poorer neighborhood in Milwaukee. But she wanted to do more than just give the people food and a piece of clothing to go home with. Through her work, those who attended received that and much more.

Chapman knew that many of these residents have a number of problems with local government, landlords, and social services. Many times if these people call city numbers with questions about city and social services, they may be on the phone for hours and not get an answer. So, she decided that to help both groups she would put everyone in the same room to help them connect with needed resources. On the Saturday before Thanksgiving, she organized a unique event to serve her community.

A wide variety of city and non-profit groups attended the event held in the basement of a local church. Agencies such as the Adult Literacy Center, the Department of Health and Family Services, Department of Corrections, agencies that process food stamps, and Medicare representatives were some of the groups represented. The Milwaukee Health Department gave out health kits and special coupons to families.

Neighborhood service organizations also talked to attendees about things such as rental issues to help residents solve landlord problems rather than the resident simply stopping payment and end up being evicted. Specialists shared information about creating more energy efficient solutions in a home which is important for people on a tight budget. County supervisors also attended and talked with people attending the event, and some helped serve meals. One supervisor commented that this was the largest event that person had ever attended of this type.

"It put the individuals face to face," Chapman said. For once, they were able to get their questions answered. She said that city caseworkers have a very high turnover rate so it can be hard for people to get answers. Caseworkers were at the event to help answer residents' questions.

Chapman was very pleased with the turnout of 273 people coming during the four hour event. Based on past Cluster to Neighborhood events, Chapman had originally thought that only about 50 people would attend. But donations had allowed her to prepare ahead and she still had left over food to donate to Sojourner's Truth House, a local women's shelter.

"This place was packed with families who sat down together and had a dinner," she said. After the dinner, families had the opportunity to take home household items and a variety of clothing items. The event did not cost Chapman or Cluster to Neighborhood anything besides a few fliers Chapman printed because everything else was donated.

"My perspective of project management was much different than I thought it would be," she recalled after the event. She found something that she cared about and made it successful. "When you see project management, do not assume it will be hard." She used her social service experience to help others through her project.

"It felt good when they said thank you because they felt like their voices were heard."



## Chapter Sponsored Professional Development (subject to change)

The following chapter sponsored professional development opportunities are available. Note that these chapter sponsored courses are being offered from a non-REP (Registered Educational Provider). Send Chapter Sponsored Professional Development questions and ideas to [professional@pmieasterniowa.org](mailto:professional@pmieasterniowa.org).

Date	Time	Course ID	Cost	PDU(s)	Location	Title
12/15/08	5-9 pm	C100-2600	125 PMI Member 150 Non-Member	4	Kirkwood	<a href="#">Operations Management for Project Managers</a>

## Priority Management Training Schedule (subject to change)

The following Priority Management sponsored professional development opportunities are available. Please find more details at [http://www.prioritymanagement.com/rsmith/workshop\\_schedule/](http://www.prioritymanagement.com/rsmith/workshop_schedule/) or send questions to [rsmith@prioritymanagement.com](mailto:rsmith@prioritymanagement.com).

Date	Course ID	PDU's	Location	Title
12/2 -4/08	1161-	21	Des Moines, IA	Project Management Breakthroughs
12/11/08	1161-TN060100	7	Web workshop at your desk	Working Smart with Microsoft Outlook

## New Horizons Training Schedule (subject to change)

The following courses are available at New Horizons of Cedar Rapids in the coming months.

Date	PDU's	Location	Title
12/15		New Horizons	Introduction to Project Management
12/18		New Horizons	Scope and Requirements Management
12/18		New Horizons	Project Management Fundamentals

## PMI - Eastern Iowa Chapter Contacts

### 2008 Board of Directors

President	Darin Hart, PMP	<a href="mailto:president@pmieasterniowa.org">president@pmieasterniowa.org</a>
VP of Communications and Publicity	Sandra Spengler	<a href="mailto:communications@pmieasterniowa.org">communications@pmieasterniowa.org</a>
VP of Education	Jennifer Ruppert, PMP	<a href="mailto:education@pmieasterniowa.org">education@pmieasterniowa.org</a>
VP of Finance	Paddy Puthige, PMP	<a href="mailto:financial@pmieasterniowa.org">financial@pmieasterniowa.org</a>
VP of Operations	Bhaskar Pulikal, PMP	<a href="mailto:operations@pmieasterniowa.org">operations@pmieasterniowa.org</a>
VP of Outreach	David S Tominsky	<a href="mailto:outreach@pmieasterniowa.org">outreach@pmieasterniowa.org</a>
Past President	Bob Sanders, PMP	<a href="mailto:pastpresident@pmieasterniowa.org">pastpresident@pmieasterniowa.org</a>

### 2008 Directors

Director At-Large	Thom Lusardi, PMP	<a href="mailto:atlarge@pmieasterniowa.org">atlarge@pmieasterniowa.org</a>
Director of Certifications	Jim Nicoll, PMP	<a href="mailto:certification@pmieasterniowa.org">certification@pmieasterniowa.org</a>
Director of Corporate Outreach	Steve Sawyer, PMP	<a href="mailto:corpoutreach@pmieasterniowa.org">corpoutreach@pmieasterniowa.org</a>
Director of Individual Outreach	Ray Kratville, PMP	<a href="mailto:indoutreach@pmieasterniowa.org">indoutreach@pmieasterniowa.org</a>
Director of University Outreach	Lisa Howard, PMP	<a href="mailto:unioutreach@pmieasterniowa.org">unioutreach@pmieasterniowa.org</a>
Director of Logistics	Muthuraman M, PMP	<a href="mailto:logistics@pmieasterniowa.org">logistics@pmieasterniowa.org</a>
Director of Marketing	Open	<a href="mailto:marketing@pmieasterniowa.org">marketing@pmieasterniowa.org</a>
Director of Member Relations	Glenda Dixon, PMP	<a href="mailto:membership@pmieasterniowa.org">membership@pmieasterniowa.org</a>
Director of Newsletter	Tammy Sweat, PMP	<a href="mailto:newsletter@pmieasterniowa.org">newsletter@pmieasterniowa.org</a>
Director of Professional Development	Barry Ehrig, PMP	<a href="mailto:professional@pmieasterniowa.org">professional@pmieasterniowa.org</a>
Director of Programs	Suzanne Prymek, PMP	<a href="mailto:programs@pmieasterniowa.org">programs@pmieasterniowa.org</a>
Director of Technology	Open	<a href="mailto:technology@pmieasterniowa.org">technology@pmieasterniowa.org</a>
Director of Volunteers	Angie Zimmerman, PMP	<a href="mailto:volunteers@pmieasterniowa.org">volunteers@pmieasterniowa.org</a>
Director of Website	Open	<a href="mailto:website@pmieasterniowa.org">website@pmieasterniowa.org</a>

### Other Contacts

Chapter Monthly Program Registration	Program Registration	<a href="mailto:programregistration@pmieasterniowa.org">programregistration@pmieasterniowa.org</a>
Chapter Training Registration	Training Registration	Email replaced with online registration.
Chapter Website Administrator	Webmaster	Contact Director of Website instead.



## Course Description:

**PMP Exam Prep Workshop:** This workshop was developed to equip project managers with the knowledge, methods, tools, and understanding needed to pass PMI's Project Management Professional (PMP) certification exam. The class gives participants a detailed understanding of the project management framework and concepts including the project management process areas, and the 9 knowledge areas. It details organizational structures and leadership principles necessary to "form" the project team. Participants will "understand through use" all 44 project management processes through a series of class exercises and case studies. Participants will initiate, plan, execute, control, and close a project plan while performing scenario based integration management with scope, time, cost, and quality management.

Throughout the workshop, participants will gain a "hands on" understanding of critical path while understanding how resource management best practices must be in place for a project team to function successfully. They will review the professional responsibility domain, code of conduct, and cultural sensitivity in International Project Management. Repeated use of scenario based project cost management with formulas will ensure that participants have much more than a "classroom" understanding of these foundational costing methods.

## Learning Objectives: Understand the breadth of Project Management and PASS THE PMP!

Each student will understand the concepts necessary to formally manage projects and pass the Project Management Professional (PMP) exam. Attendees who are Project Management Professionals (PMPs) will receive 35 Professional Development Unit credits with the PMI under category 4. For those who are not PMP certified, this class carries 35 Contact Credit Hours with the PMI.

## Course Date & Location:

December 16 - 18 (8:30am – 4:30pm)  
Kirkwood Community College  
Room 221 Nielsen Hall  
6301 Kirkwood Blvd. SW  
Cedar Rapids, Iowa 52406

## Instructor:

**Jamie Northrup, PMP** is the principal consultant with Triple Constraint®, Inc. and author of the book, "Every Organization Can Implement OPM3!" He is a former US Army Officer and has served as a Sr. Manager, Program Manager, and Project Manager in the Aerospace Engineering, Telecommunications, and Academic Industries. A graduate of the University of Iowa, Jamie holds a degree in Management Information Systems. He is certified as a PMP through the Project Management Institute and an original OPM3 team member and OPM3 Second Edition Core team member. He is trained in CMMI through the Software Engineering Institute at Carnegie Mellon University and has taught technology classes as an adjunct professor with Kirkwood Community College.

## Cost:

The cost of the 3 day **PMP Exam Prep Workshop** is \$450. There are no prerequisites to this course and all of the materials, lunches, snacks, and drinks will be provided.

## Registration:

Online registration is not available for this workshop. Instead, complete the form below and mail, with payment, to Triple Constraint, Inc., 3801 Meadowknolls Rd., Marion, Iowa 52302. In addition to sending in the form please send an e-mail to [jamie@tripleconstraint.com](mailto:jamie@tripleconstraint.com) so that we can reserve your seat.

Registration for this class must be submitted by **COB December 11, 2008**.

Please make checks payable to: Triple Constraint, Inc.

Required Sign-up Information		PMP Exam Prep Workshop	
Name, First, MI, Last:		Class Rm#:	221 Nielsen Hall
Phone #:		Class Date:	Dec 16 - 18
E-mail:			
Company:			

## Course Description:

**Operations Management for Project Managers Workshop:** Since projects touch virtually all functions of an organization, project managers are being asked to understand and be intimately knowledgeable of all the functions of an organization including operations. This course helps participants understand and control the main factors in any business operation. Participants will gain a detailed understanding of the planning, directing, and coordinating of the operations. They will understand the functions and practices of production and operational managers. Through a series of interactive case studies and exercises, participants will learn the operations management framework. They will understand the control of inventory, distribution, logistics, and the overall production schedule. Training topics include:

- Supply Chain Management (SCM):
- Manufacturing processes
- Operations quality management
- Material Resource Planning (MRP)
- Master Production Schedule (MPS)
- Value Chain Analysis (VCA)
- Production Management
- Quality Management

## Course Date & Location:

December 15 (5:00pm – 9:00pm)  
Kirkwood Community College  
Nielson Hall Room 224  
6301 Kirkwood Blvd. SW  
Cedar Rapids, Iowa 52406

## Instructor:

**Jamie Northrup, PMP** has served as a Sr. Manager, Program Manager, and Project Manager in the Aerospace Engineering, Telecommunications, and Academic Industries. He is an original OPM3 team member and OPM3 Second Edition Core team member. He is trained in CMMI through the Software Engineering Institute at Carnegie Mellon University and has taught technology classes as an adjunct professor with Kirkwood Community College.

## Cost:

The cost of the December 15 **“Operations Management for Project Managers”** workshop is **\$125.00** for chapter members and **\$150.00** for non-chapter members. There are no prerequisites to this course and all of the materials will be provided.

## Registration:

To register follow this link <https://www.123signup.com/register?id=zgtdm>. Upon completion of the registration you will be sent a confirmation email. Registration for this class must be submitted by **COB December 9, 2008**. If you elect to make payment by check, please make checks payable to: PMI, Eastern Iowa Chapter. Bring the check to the class and present to the instructor prior to the start of the class.

**Please forward any questions or concerns to** [professional@pmieasterniowa.org](mailto:professional@pmieasterniowa.org).